



Movement Mantras

Daily reminders on the realities of one's movement practice.

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THE EXIMO PROJECT



Movement Mantras

Suppleness is the soil,
intent is the seed.



Movement Mantras

Partial changes require
entire acknowledgments.



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Evolution is a byproduct
of adaptation.



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Versatility is measured
by scope, not specificity.



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To approach an idea equally,
with pursuit and rebellion.



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Revelations are only relative,
to the revolution.



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Sensitivity is a cornerstone
in creativity.



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To play in the space between
creativity and necessity.



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To deconstruct something,
is to find its principle.



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It's not the question,
it's the ability to question.



Movement Mantras

Preparation is still
a reaction.



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The most corrosive energy,
is unfulfilled potential.



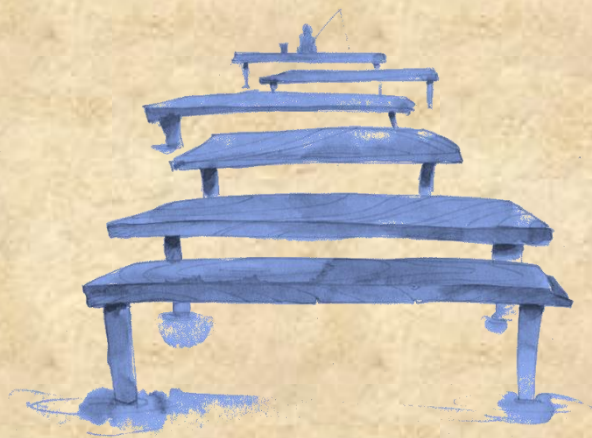
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Manifestation is where
physicality and intent meet.



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Fidelity to perfection,
infidelity to progress.



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Singularity does not operate
in the confines of better or worse.



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The path to grandeur,
is not through the grandiose.



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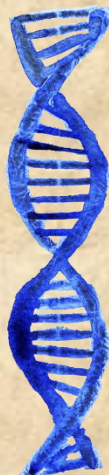
Valuing the future self,
devalues the current self.



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Movement is not a practice
of being, it is being.



Movement Mantras

To discern between goals
and perpetual desire.



Movement Mantras

The ambiguity of function,
is what yields its possibilities.



Movement Mantras

Definition is done through
contrast, not comparison.



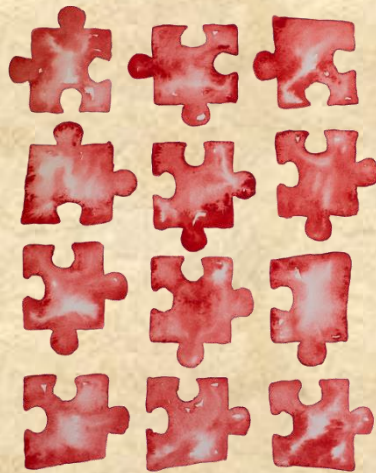
Movement Mantras

Revolutionize your practice,
or regress as a practitioner.



Movement Mantras

Research is a lot closer to
art, than competition is.



Movement Mantras

Progress is equidistant from
anarchy and conformity.



Hiking
Artist

Movement Mantras

Sincerity in technique
is measured by sacrifice.

